



caresolace.com

Dear Desert Sands Families,

The Desert Sands Unified School District fosters a culture that promotes the health, safety, and well-being of students, staff, and parents. In an effort to continuously support this commitment, the District has approved an agreement with Care Solace.

Care Solace is an online resource with a live 24X7 concierge line meant to assist individuals in finding local mental health related programs and counseling services. To use Care Solace, individuals answer ten basic questions in order to receive an extensive list of referrals to applicable care providers. Care Solace takes into account all types of private insurance including Medi-Cal, Medicaid, and Medicare and those that have no insurance. The system also filters by age, gender, zip code and special request.

Care Solace is now available for use by Desert Sands students, staff, and families at no cost. Please note, this service is an optional resource available by choice and is not mandatory in any way. Care Solace does not require a user's name, address, phone number, or date of birth. All of the information that is entered in on their platform is completely confidential and stored securely.

If you are interested in seeking counseling-related services at this time, please consider visiting www.caresolace.com/dsusdfamilies or clicking the link to begin.

[CARESOLACE.COM/DSUSDFAMILIES](https://caresolace.com/dsusdfamilies)

A SIMPLE, FAST AND SAFE
TOOL FOR DRUG AND
MENTAL HEALTH HELP.
THE MOST TRUSTED
COMMUNITY OF CARE.

WE WILL HAND DELIVER THE RIGHT
OPTIONS THAT CAN HELP YOU RIGHT
NOW FOR

- ALCOHOL
- CANNABIS
- HALLUCINOGENS
- INHALANTS
- OPIOIDS
- STIMULANTS
- SEDATIVES
- BIPOLAR
- DEPRESSION
- ANXIETY
- SUICIDE
- OBSESSIVE COMPULSIVE
- TRAUMA & STRESS
- FEEDING & EATING
- DISRUPTIVE, IMPULSE CONTROL
- NEURODEVELOPMENTAL DISORDERS
- MARITAL COUNSELING

YOU CAN GET HELP VIA
THERAPY, HOSPITALIZATION, RESIDENTIAL
INPATIENT TREATMENT, OUTPATIENT
TREATMENT, DETOX CENTERS OR DAY
TREATMENT

WE HELP CHILDREN, ADOLESCENTS, ADULTS
AND SENIORS



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