CALIFORNIA healthy kids SURVEY

## In-School Core Survey

### **Middle School Questionnaire**

2023-2024

This survey asks about your behavior, experiences, and attitudes related to your school, health, and well-being. The survey also includes questions about use of alcohol, tobacco, and other drugs, and bullying and violence.

The survey is **anonymous** and **confidential**. No one will ever be able to connect you with your answers. Your answers are private.

You do not have to answer these questions, but your answers will be very helpful in improving school and health programs. You will be able to answer whether or not you have done or experienced any of these things.

This survey asks about things you may have done during different periods of time, such as during your **lifetime** (you ever did something), or the past **12 months**, or **30 days**. Each provides different information. Please pay careful attention to these time periods.

Thank you for taking this survey!

### **Your School Schedule**

- 1. Which of the following best describes your school schedule during the past 30 days?
  - A) I went to school in person at my school building for the entire day, Monday through Friday.
    [In-School Model]
  - B) I participated in school from home for the entire day on most or all weekdays and did <u>not</u> go to school in person. [Remote Learning Model]

### Next, we would like some background information about you.

- **2.** What grade are you in?
  - A) 6th grade
  - B) 7th grade
  - C) 8th grade
  - **D)** 9th grade
  - E) 10th grade

- F) 11th grade
- **G**) 12th grade
- H) Other grade
- I) Ungraded

- **3.** What is your gender?
  - A) Male
  - B) Female
  - C) Nonbinary
  - D) Something else
- **4.** Some people describe themselves as transgender when how they think or feel about their gender is different from the sex they were assigned at birth. Are you transgender?
  - A) No, I am not transgender
  - B) Yes, I am transgender
  - C) I am not sure if I am transgender
  - **D)** Decline to respond
- 5. Which of the following best describes you?
  - A) Straight (not gay)
  - B) Lesbian or Gay
  - C) Bisexual
  - D) Something else
  - E) Not sure
  - F) Decline to respond

- 6. What is your race or ethnicity? (Mark All That Apply.)
  - A) American Indian or Alaska Native
  - **B)** Asian or Asian American
  - C) Black or African American
  - **D)** Hispanic or Latinx

- E) Native Hawaiian or Pacific Islander
- F) White
- G) Something else
- 7. If you are Asian or Pacific Islander, which groups best describe you? (*Mark All That Apply.*) If you are <u>not</u> of Asian or Pacific Islander background, mark "A) Does not apply."
  - A) Does not apply; I am not Asian or Pacific Islander
  - B) Asian Indian
  - C) Cambodian
  - D) Chinese
  - E) Filipino
  - F) Hmong

- G) Japanese
- H) Korean
- I) Laotian
- J) Vietnamese
- K) Native Hawaiian, Guamanian, Samoan, Tahitian, or other Pacific Islander
- L) Other Asian
- **8.** If you are Hispanic or Latinx, which groups best describe you? *(Mark All That Apply.)* If you are <u>not</u> of Hispanic or Latinx background, mark "A) Does not apply."
  - A) Does not apply; I am not Hispanic or Latinx
  - B) Colombian
  - C) Cuban
  - D) Dominican
  - E) Guatemalan
  - F) Honduran
  - G) Mexican
  - H) Puerto Rican
  - I) Salvadoran
  - J) Other Hispanic or Latinx
  - . What best describes where you live? A home includes a house, apartment, trailer, or mobile home.
    - A) A home with one or more parent or guardian
    - B) Other relative's home
    - C) A home with more than one family
    - D) Friend's home

- E) Foster home, group care, or waiting placement
- F) Hotel or motel
- G) Shelter, car, campground, or other transitional or temporary housing
- H) Other living arrangement

- 10. What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)
  - A) Did not finish high school
  - B) Graduated from high school
  - C) Attended college but did not complete four-year degree
  - **D)** Graduated from college
  - E) Don't know
- 11. Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?
  - A) No
  - B) Yes
  - C) Don't know
- 12. What language is spoken most of the time in your home?
  - A) English
  - B) Spanish
  - C) Mandarin
  - D) Cantonese
  - E) Taiwanese

- F) Tagalog
- G) Vietnamese
- H) Korean
- I) Arabic
- J) Other

### APPLICABLE FOR NON-ENGLISH LANGUAGE AT HOME. [IF Q12 = B-J]

How well do you understand, speak, read, and write English?

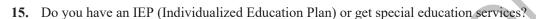
	Very Well	Well	Not Well	Not At All
12A. Understand English	A	В	C	D
12B. Speak English	A	В	C	D
12C. Read English	A	В	C	D
12D. Write English	A	В	C	D

- 13. Are you in the English Learner Program at school?
  - A) No
  - B) Yes
  - C) Don't know

### **IF 13 = B, THEN 14; ELSE GO TO 15**

14.	How many years	have you been in	n the English L	Learner Program	across all schools	you've attended?

- A) Less than 3 years
- B) 3 to 4 years
- C) 5 to 6 years
- **D)** 7 or more years



- A) No
- B) Yes
- C) Don't know
- **D)** Prefer not to say

- A) Before 7:00 pm
- **B)** 7:00–7:59 pm
- C) 8:00-8:59 pm
- **D)** 9:00–9:59 pm

- E) 10:00–10:59 pm
- F) 11:00–11:59 pm
- **G**) 12:00–12:59 am
- **H)** After 1:00 am

- A) No
- B) Yes

- A) I did not miss any days of school in the
- C) 2 days

past 30 days

D) 3 or more days

**B**) 1 day

### 19. How many days a week do you usually go to your school's afterschool program?

- A) I do not attend my school's afterschool program
  - 3) 1 day
- C) 2 days

- D) 3 days
- E) 4 days
- F) 5 days

### The next questions ask about your experiences with school in general.

- 20. During the past 12 months, how would you describe the grades you mostly received in school?
  - A) Mostly A's
  - B) A's and B's
  - C) Mostly B's
  - D) B's and C's

- E) Mostly C's
- F) C's and D's
- G) Mostly D's
- H) Mostly F's
- 21. In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.)
  - A) Does not apply; I didn't miss any school
  - B) Illness (feeling physically sick), including problems with breathing or your teeth
  - C) Were being bullied or mistreated at school
  - **D)** Felt very sad, hopeless, anxious, stressed or angry
  - E) Didn't get enough sleep
  - F) Didn't feel safe at school or going to and from school

- G) Had to take care of or help a family member or friend
- H) Wanted to spend time with friends
- 1) Used alcohol or drugs
- J) Were behind in schoolwork or weren't prepared for a test or class assignment
- K) Were bored or uninterested in school
- L) Had no transportation to school
- M) Other reason

How strongly do you agree or disagree with the following statements?

		Strongly Disagree	Disagree	Neither Disagree Nor Agree	Agree	Strongly Agree
22.	I feel close to people at this school.	A	В	C	D	E
23.	I am happy to be at this school.	A	В	C	D	E
24.	I feel like I am part of this school.	A	В	C	D	Е
25.	The teachers at this school treat students fairly.	A	В	C	D	E
26.	I feel safe in my school.	A	В	C	D	E
27.	My school is usually clean and tidy.	A	В	C	D	E
28.	Teachers at this school communicate with parents about what students are expected to learn in class.	A	В	С	D	Е
29.	Parents feel welcome to participate at this school.	A	В	C	D	E

		Strongly Disagree	Disagree	Neither Disagree Nor Agree	Agree	Strongly Agree
30.	School staff take parent concerns seriously.	A	В	C	D	E
31.	It is hard for me to stay focused when doing my schoolwork.	A	В	С	D	E
32.	I try hard to make sure that I am good at my schoolwork.	A	В	С	D	E
33.	I try hard on my schoolwork because I am interested in it.	A	В	C	D	E
34.	I work hard to try to understand new things when doing my schoolwork.	A	В	С	D	E
35.	I am always trying to do better in my schoolwork.	A	В	C	D	E

How strongly do you agree or disagree with the following statements?

		Strongly Disagree										Strongly Agree
	_	0	1	2	3	4	5	6	7	8	9	10
36.	School is really boring.	A	В	C	D	E	F	G	Н	I	J	K
37.	School is worthless and a waste of time.	Α	В	C	D	Е	F	G	Н	Ι	J	K

# Please mark on your answer sheet how TRUE you feel each of the following statements is about your SCHOOL.

There is a teacher or some other adult from my school...

X		Not At All True	A Little True	Pretty Much True	Very Much True
38.	who really cares about me.	A	В	C	D
39.	who tells me when I do a good job.	A	В	C	D
40.	who notices when I'm not there.	A	В	C	D

		Not At All True	A Little True	Pretty Much True	Very Much True
41.	who always wants me to do my best.	A	В	C	D
42.	who checks on how I am feeling.	A	В	C	D
43.	who listens to me when I have something to say.	A	В	C	D
44.	who believes that I will be a success.	A	В	C	D
At sc	hool,	Not At All True	A Little True	Pretty Much True	Very Much True
45.	I do interesting activities.	A	В	С	D
46.	I help decide things like <b>class</b> activities or rules.	A	В	C	D
47.	I do things that make a difference.	А	В	C	D
48.	I have a say in how things work.	A	В	C	D
49.	I help decide <b>school</b> activities or rules.	A	В	С	D

The next questions ask about the use of alcohol, tobacco, marijuana, and other drugs, including pills or medications, to get "high" or for reasons other than medical, as ordered or prescribed by a doctor.

### Keep the following definitions in mind:

- One drink of ALCOHOL, or alcoholic drink (beverage), means one regular size can/bottle of beer or hard seltzer, one glass of wine, one mixed drink, or one shot glass of liquor.
- Questions about alcohol do **not** include drinking a few sips of wine for religious purposes.
- **DRUG** means any substance other than alcohol or tobacco, including pills and medications, used to get "high" ("loaded," "stoned," or "wasted") or for purposes other than prescribed by a doctor.
- VAPES or VAPE PRODUCTS: Electronic devices like vape pens, e-cigarettes, e-hookah, hookah pens, e-vaporizers, tanks, pods, or mods used to inhale a vapor. <u>Can be used to vape many things, including nicotine or just flavoring.</u> Popular brands are JUUL, Suorin, SMOK, Zodiac Constellation, and Stiiizy.

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# In-School Core Survey

Dur	During your <u>life</u> , how many times have you used the following?  Number of Times								
				Number	of times		7 or		
		0 Times	1 Time	2 Times	3 Times	4–6 Times	More Times		
50.	A cigarette, even one or two puffs	A	В	C	D	E	F		
51.	-						F		
	A whole cigarette	A	В	С	D	Е	F		
52.	Smokeless tobacco (dip, chew, or snuff)	A	В	С	D	Е	F		
53.	Vape products	A	В	C	D	Е	F		
[AS	<b>KED IF Q53 = B, C, D, E, or F</b> ]								
<b>53.</b> A	Vaped tobacco or nicotine	A	В	C	D	E	F		
53.I	3 Vaped marijuana or THC	A	В	C	D	Е	F		
53.0	C Vaped other product	A	В	C	D	E	F		
54.	One <b>full drink of alcohol</b> (such as a can of beer, glass of wine, hard seltzer, or shot of liquor)	A	В	С	D	Е	F		
55.	Marijuana (smoke, vape, eat, or drink)	A	В	C	D	E	F		
56.	<b>Inhalants</b> (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)	A	В	С	D	E	F		
57.	Relevan	A	В	C	D	Е	F		
58.	Any other drug, pill, or medicine to get "high" or for reasons other than medical	A	В	С	D	Е	F		
Dur	ing your <b>life</b> , how many times have you been								
				Number	of Times		7 or		
		0 Times	1 Time	2 Times	3 Times	4–6 Times	More Times		
59.	very drunk or sick after drinking alcohol?	A	В	C	D	E	F		
60.	"high" (loaded, stoned, or wasted) from using drugs?	A	В	С	D	E	F		
61.	drunk on alcohol or "high" on drugs <b>on school property?</b>	A	В	С	D	E	F		

[APPLICABLE FOR LIFETIME MARIJUANA USERS ONLY – Ask of students who reported ever using marijuana [IF Q55 = B, C, D, E, or F]

During your <u>life</u>, how many times have you used marijuana in any of the following ways:

				Number	of Times		7 or			
		0 Times	1 Time	2 Times	3 Times	4–6 Times	More Times			
62.	Smoke it?	A	В	C	D	E	F			
63.	In a <b>vaping device</b> (vape pens, mods, or portable vaporizers)?	A	В	C	D	E	F			
64.	Eat or drink it in products made with marijuana?	A	В	C	D	E	F			
		7								
During the past 30 days, on how many days did you use										
		0 Days	1 Day	2 Days	3–9 Days	10–19 Days	20–30 Days			
65.	cigarettes?	A	В	С	Days	E E	F			
66.	smokeless tobacco (dip, chew, or snuff)?	A	В	С	D	E	F			
67.	vape products?	A	В	С	D	Е	F			
[AS]	KED IF $Q67 = B$ , $O$ , $D$ , $F$ , or $F$ ]									
67.A	Vaped tobacco or nicotine	A	В	C	D	E	F			
67.B	Vaped marijuana or THC	A	В	C	D	E	F			
67.C	Vaped other product	A	В	C	D	E	F			
68.	one or more drinks of alcohol?	A	В	C	D	Е	F			
69.	five or more drinks of alcohol in a row, that is, within a couple of hours?	A	В	С	D	Е	F			
70.	marijuana (smoke, vape, eat, or drink)?	A	В	C	D	Е	F			
71.	<b>inhalants</b> (things you sniff, huff, or breathe to get "high")?	A	В	С	D	Е	F			

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During the past 30 days, on how many days did you use...

		0	1	2	3–9	10-19	20-30	
		Days	Day	Days	Days	Days	Days	
72.	any other drug, pill, or medicine to get "high" or for reasons other than medical?	A	В	С	D	E	F	-

During the past 30 days, on how many days on school property did you...

		0 Days	1 Day	2 Days	3–9 Days	10–19 Days	20–30 Days
73.	smoke cigarettes?	A	В	C	D	E	F
74.	use smokeless tobacco (dip, chew, or snuff)?	A	В	C	D	E	F
75.	vape?	A	В	C	D	E	F
76.	have at least one drink of alcohol?	A	В	C	D	E	F
77.	use <b>marijuana</b> (smoke, vape, eat, or drink)?	A	В	C	D	E	F
78.	use any other drug, pill, or medicine to get "high" or for reasons other than medical?	A	В	С	D	E	F
79.	breathe the smoke or vapor from someone who was using cigarettes or e-cigarettes?	A	В	C	D	Е	F

How much do people risk harming themselves physically and in other ways when they do the following?

		Great	Moderate	Slight	None
80.	Smoke cigarettes occasionally	A	В	C	D
81.	Smoke 1 or more packs of cigarettes each day	A	В	C	D
82.	Vape tobacco or nicotine occasionally	A	В	C	D
83.	Vape tobacco or nicotine several times a day (100 puffs or more)	A	В	C	D
84.	Drink alcohol (beer, wine, liquor) occasionally	A	В	C	D
85.	Have five or more drinks of alcohol once or twice a week	A	В	C	D

How Much Risk or Harm

How Much Risk or Harm

		Great	Moderate	Slight	None
86.	Use marijuana occasionally (smoke, vape, eat, or drink)	A	В	C	D
87.	Use marijuana daily	A	В	C	D

How difficult is it for students in your grade to get any of the following if they really want them?

		Very Difficult	Fairly Difficult	Fairly Easy	Very Easy	Don't Know
88.	Cigarettes	A	В	С	D	E
89.	Vape products	A	В	c	D	Е
90.	Alcohol	A	В	С	D	Е
91.	Marijuana	A	В	C	D	E
92.	Prescription drugs to get "high" or for reasons other than prescribed	A	В	C	D	E

- Does your school ban tobacco use and vaping on school property and at school sponsored events? 93.
  - A) No
  - B) Yes
  - Don't know
- 94. In a normal week, how many days are you home after school for at least one hour without an adult there?
  - Never A)
  - 1 day
  - 2 days
  - 3 days
  - 4 days
  - 5 days

# Next are questions about violence, safety, harassment, & bullying on school property.

- **95.** How safe do you feel when you are at school?
  - A) Very safe
  - B) Safe
  - C) Neither safe nor unsafe
  - D) Unsafe
  - E) Very unsafe

During the past 12 months, how many times on school property have you...

	8 1					
			Happened on	School Proper	•	
		0	1	2 to 3	4 or More	
		Times	Time	Times	Times	
96.	been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	A	В	C	D	
97.	been afraid of being beaten up?	A	В	C	D	
98.	been in a physical fight?	A	В	C	D	
99.	had mean rumors or lies spread about you?	A	В	C	D	
100.	had sexual jokes, comments, or gestures made to you?	A	В	C	D	
101.	been made fun of because of your looks or the way you talk?	A	В	C	D	
102.	had your property stolen or deliberately damaged, such as your car, clothing, or books?	A	В	C	D	
103.	been offered, sold, or given an illegal drug?	A	В	C	D	
104.	damaged school property on purpose?	A	В	C	D	
105.	carried a gun?	A	В	C	D	
106.	carried any other weapon (such as a knife or club)?	A	В	C	D	
107.	been threatened or injured with a weapon (gun, knife, club, etc.)?	A	В	C	D	
108.	seen someone carrying a gun, knife, or other weapon?	A	В	C	D	
109.	been threatened with harm or injury?	A	В	C	D	
110.	been made fun of, insulted, or called names?	A	В	C	D	

During the past <u>12 months</u>, how many times on school property were you harassed or bullied for any of the following reasons? [You were bullied if you were shoved, hit, threatened, called mean names, teased, or had other unpleasant physical or verbal things done to you repeatedly or in a severe way. It is **not bullying** when two students of about the same strength or power quarrel or fight.]

		Happened on School Property				
		0	1	2 to 3	4 or More	
		Times	Time	Times	Times	
111.	Your race, ethnicity, or national origin	A	В	C	D	
112.	Your religion	A	В	C	D	
113.	Your gender	A	В	C	D	
114.	Because you are gay, lesbian, or bisexual or someone thought you were	A	В	C	D	
115.	A physical or mental disability	A	В	C	D	
116.	You are an immigrant or someone thought you were	A	В	C	D	
117.	Any other reason	A	В	C	D	

- 118. During the past <u>12 months</u>, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?
  - A) 0 times (never)
  - B) 1 time
  - C) 2–3 times
  - D) 4 or more times
- 119. Do you consider yourself a member of a gang?
  - A) No
  - B) Yes
- **120.** During the past <u>12 months</u>, did you ever feel so sad or hopeless almost every day for **two weeks or more** that you stopped doing some usual activities?
  - A) No
  - B) Yes
- 121. During the past 12 months, did you ever seriously consider attempting suicide?
  - A) No
  - B) Yes

Over the past 30 days, how true do you feel these statements are about you?

		Not At All True	A Little True	Pretty Much True	Very Much True
122.	I had a hard time relaxing.	A	В	C	D
123.	I felt sad and down.	A	В	С	D
124.	I was easily irritated.	A	В	C	D
125.	It was hard for me to cope and I thought I would panic.	A	В	С	D
126.	It was hard for me to get excited about anything.	A	В	C	D

Please tell us how true each statement is of you.

		Not At All True	A Little True	Pretty Much True	Very Much True
127.	Each day I look forward to having a lot of fun.	A	В	C	D
128.	I usually expect to have a good day.	A	В	C	D
129.	Overall, I expect more good things to happen to me than bad things.	A	В	С	D

## Please describe your level of satisfaction below

I would describe my satisfaction with...

		Very Dissatisfied	Dissatisfied	A Little Dissatisfied	A Little Satisfied	Satisfied	Very Satisfied
130.	my family life as	A	В	C	D	E	F
131.	my friendships as	A	В	C	D	Е	F
132.	my school experience as	A	В	C	D	Е	F
133.	myself as	A	В	C	D	Е	F
134.	where I live as	A	В	C	D	E	F

- 135. How many questions in this survey did you answer honestly?
  - A) All of them
  - B) Most of them
  - C) Only some of them
  - **D)** Hardly any

### SUPPLEMENT 1

		Strongly	ъ.	Neither Disagree Nor		Strongly
		Disagree	Disagree	Agree	Agree	Agree
X1.	Students at this school are motivated to learn.	A	В	C	D	Е
X2.	Adults at this school encourage me to work hard so I can be successful in college or at the job I choose.	A	В	С	D	E
X3.	My teachers work hard to help me with my schoolwork when I need it.	A	В	С	D	E
X4.	Teachers show how classroom lessons are helpful to students in real life.	A	В	С	D	Е
X5.	Teachers give students a chance to take part in classroom discussions or activities.	A	В	С	D	Е
X6.	This school is a supportive and inviting place for students to learn.	A	В	С	D	E
X7.	Teachers go out of their way to help students.	A	В	С	D	E
X8.	Teachers help students catch up when they return from an absence.	A	В	С	D	Е
X9.	My teachers give me useful feedback on my work.	A	В	C	D	E
X10.	Adults at this school treat all students with respect.	A	В	С	D	E
X11.	Students treat teachers with respect.	A	В	C	D	E
X12.	The school rules are fair.	A	В	C	D	E
X13.	All students are treated fairly when they break school rules.	A	В	С	D	E
X14.	This school clearly informs students what would happen if they break school rules.	A	В	C	D	E

### SUPPLEMENT 1

				Neither Disagree		
		Strongly Disagree	Disagree	Nor Agree	Agree	Strongly Agree
X15.	The rules in this school are too strict.	A	В	С	D	E
X16.	It is easy for students to get kicked out of class or get suspended.	A	В	С	D	Е
X17.	Students get in trouble for breaking small rules.	A	В	C	D	Е
X18.	Rules in this school are made clear to students.	A	В	C	D	Е
X19.	This school makes it clear how students are expected to act.	A	В	С	D	Е
X20.	Students enjoy doing things with each other during school activities.	A	В	C	D	E
X21.	Students care about each other.	A	В	C	D	E
X22.	Students treat each other with respect.	A	В	C	D	Е
X23.	Students get along well with each other.	A	В	C	D	Е
X24.	This school encourages students to feel responsible for how they act.	A	В	С	D	Е
X25.	This school encourages students to understand how others think and feel.	A	В	C	D	E
X26.	Students are taught that they can control their own behavior.	A	В	С	D	Е
X27.	This school helps students resolve conflicts with one another.	A	В	С	D	Е
X28.	This school encourages students to care about how others feel.	A	В	С	D	Е

### SUPPLEMENT 1

				Neither Disagree		
		Strongly Disagree	Disagree	Nor Agree	Agree	Strongly Agree
X29.	Teachers here make it clear to students that bullying is not tolerated.	A	В	С	D	Е
X30.	If another student was bullying me, I would tell one of the teachers or staff at school.	A	В	C	D	Е
X31.	Students tell teachers when other students are being bullied.	A	В	С	D	Е
X32.	If I tell a teacher that someone is bullying me, the teacher will do something to help.	A	В	С	D	Е
X33.	Students here try to stop bullying when they see it happening.	A	В	С	D	Е
X34.	I have been disrespected by an adult at this school because of my race, ethnicity, or culture.	A	В	С	D	E
X35.	There is a lot of tension in this school between people of different cultures, races, or ethnicities.	A	В	С	D	Е
X36.	Students in this school respect each other's differences (for example, gender, race, culture, sexual orientation).	A	В	С	D	E
X37.	Adults in this school respect differences in students (for example, gender, race, culture, sexual orientation).	A	В	С	D	Е
X38.	Teachers show that they think it is important for students of different races and cultures at this school to get along with each other.	A	В	C	D	E
X39.	The schoolyard and buildings are clean and in good condition.	A	В	С	D	E

### SUPPLEMENT 1

		Strongly Disagree	Disagree	Neither Disagree Nor Agree	Agree	Strongly Agree
X40.	My classroom is so crowded it is hard to concentrate and learn.	A	В	C	D	Е
X41.	I eat my lunch at the right time of day.	A	В	C	D	E
X42.	I have plenty of time to eat my lunch.	A	В	C	D	Е
X43.	The school grounds are kept clean.	A	В	C	D	Е
X44.	Students pay attention in class.	A	В	C	D	Е
X45.	Students try their best in school.	A	В	C	D	E
X46.	Students usually follow the rules at school.	A	В	C	D	E
X47.	Students turn in their homework on time.	A	В	C	D	Е
X48.	This school promotes academic success for all students.	A	В	С	D	E
X49.	When there is a conflict between people, this school tries to make sure all sides are heard to help resolve the conflict (like restorative practices).	A	В	С	D	Е
X50.	This school has clean and drinkable water.	A	В	C	D	Е

#### SUPPLEMENT 1

# This section contains questions about tobacco use and your experiences with tobacco education at school.

- **X1.** Have you ever vaped tobacco or nicotine?
  - A) No
  - B) Yes

#### IF X1=A, GO TO X13; ELSE GO TO X2

- **X2.** How old were you when you first tried vaping?
  - A) 10 years old or younger
  - B) 11 years old
  - C) 12 years old
  - D) 13 years old
  - E) 14 years old
  - F) 15 years old
  - G) 16 years old
  - H) 17 years old
  - I) 18 years old or older
- **X3.** Why did you first use vapes? (Mark all that apply.)
  - A) To fit in/peer pressure
  - B) A family member used them
  - C) To try to quit using other tobacco products, such as cigarettes
  - **D)** They cost less than other tobacco products, such as cigarettes
  - E) They were easier to get than other tobacco products, such as cigarettes
  - F) They are less harmful than other forms of tobacco, such as cigarettes
  - G) They were available in flavors I like
  - H) I could use them unnoticed at home or at school
  - I) It looks cool
  - J) I was curious about them
  - K) To relax or relieve stress or anxiety
  - L) For the nicotine buzz
  - M) To control my weight
  - N) For some other reason
- **X4.** Have you vaped tobacco or nicotine in the past <u>30 days</u>?
  - A) No
  - B) Yes

IF X4=A, GO TO X13; ELSE GO TO X5

#### SUPPLEMENT 1

- **X5.** Why do you currently use vapes? (Mark all that apply.)
  - A) To fit in/peer pressure
  - B) A family member uses them
  - C) To try to quit using other tobacco products, such as cigarettes
  - **D)** They cost less than other tobacco products, such as cigarettes
  - E) They are easier to get than other tobacco products, such as cigarettes
  - F) They are less harmful than other forms of tobacco, such as cigarettes
  - G) They are available in flavors I like
  - H) I can use them unnoticed at home or at school
  - I) It looks cool
  - J) To relax or relieve stress or anxiety
  - **K)** To focus or concentrate
  - L) For the nicotine buzz
  - M) Because I am "hooked"
  - N) To control my weight
  - O) For some other reason
- **X6.** How do you <u>usually</u> get your vapes (or pods or e-liquid)?
  - A) I buy them myself
  - B) I ask someone else to buy them for me
  - C) Someone gives them to me
  - **D)** I take them from someone
  - E) I get them some other way

#### IF X6=A, GO TO X7; ELSE GO TO X8

- **X7.** Where do you <u>usually</u> buy your vapes (or pods or e-liquid)?
  - A) From someone I know
  - B) A store such as a convenience store, supermarket, gas station, or liquor store
  - C) A vape shop or tobacco shop
  - D) A mall or shopping center kiosk/stand
  - E) On the internet (including apps)
  - F) Through a delivery service (such as DoorDash or Postmates)
  - G) Other
- **X8.** Have you ever purchased a vaping device (including disposable devices), pod, cartridge, single hit, or eliquid refill **at school or on school property**?
  - A) No
  - B) Yes
- **X9.** Compared to one year ago, are you now vaping more, about the same, or less than before?
  - A) More
  - **B)** About the same
  - C) Less

#### SUPPLEMENT 1

- **X10.** Would you like to quit vaping?
  - A) No
  - B) Yes
- **X11.** How likely are you to try to quit vaping?
  - A) Definitely will
  - B) Probably will
  - C) May or may not
  - D) Probably will not
  - E) Definitely will not
- **X12.** How much control do you have over whether you quit vaping?
  - A) No control at all
  - B) A little control
  - C) Medium control
  - **D)** A lot of control
  - E) Total control

#### SKIP TO X15

- X13. How hard would it be for you to refuse or say "no" to a friend who offered you a vape?
  - A) Very hard
  - B) Hard
  - C) Easy
  - **D)** Very easy
- **X14.** How likely do you think it is that you will vape at least one time in the next year?
  - A) I am sure it will not happen
  - B) It probably will not happen
  - C) There is an even chance (50–50) that it will happen
  - **D)** It probably will happen
  - E) It will happen for sure
- **X15.** Think about a group of 100 students (about three classrooms) in your grade. About how many students do you think vape tobacco or nicotine at least **once a month**?
  - **A)** 0
  - **B**) 10
  - **C**) 20
  - **D**) 30
  - **E)** 40
  - **F**) 50

- **G**) 60
- **H)** 70
- **I)** 80
- **J**) 90
- **K)** 100
- **X16.** How do you feel about someone your age vaping nicotine or tobacco multiple times every day?
  - A) Neither approve nor disapprove
  - B) Somewhat disapprove
  - C) Strongly disapprove

#### **SUPPLEMENT 1**

- **X17.** How do you think your close friends would feel about you vaping nicotine or tobacco multiple times every day?
  - A) Neither approve nor disapprove
  - **B)** Somewhat disapprove
  - C) Strongly disapprove
- **X18.** Have you ever smoked cigarettes?
  - A) No
  - B) Yes

#### IF X18=A, GO TO X29; ELSE GO TO X19

- **X19.** How old were you when you first tried cigarettes?
  - A) 10 years old or younger
  - B) 11 years old
  - C) 12 years old
  - **D)** 13 years old
  - E) 14 years old
  - F) 15 years old
  - G) 16 years old
  - H) 17 years old
  - I) 18 years old or older
- **X20.** Have you smoked cigarettes in the past <u>30 days</u>?
  - A) No
  - B) Yes

### IF X20=A, GO TO X29; ELSE GO TO X21

- X21. Why do you currently smoke cigarettes? (Mark all that apply.)
  - A) To fit in/peer pressure
  - **B)** A family member smokes them
  - C) They are easier to get than other tobacco products, such as vapes
  - D) They cost less than other tobacco products, such as vapes
  - E) They are less harmful than other forms of tobacco, such as vapes
  - F) They are available in flavors I like
  - G) It looks cool
  - H) To relax or relieve stress or anxiety
  - I) To focus or concentrate
  - J) For the nicotine buzz
  - K) Because I am "hooked"
  - L) To control my weight
  - M) For some other reason

#### SUPPLEMENT 1

- **X22.** How do you <u>usually</u> get your cigarettes?
  - A) I buy them myself
  - **B)** I ask someone else to buy them for me
  - C) Someone gives them to me
  - **D)** I take them from someone
  - E) I get them some other way

### IF X22=A, GO TO X23; ELSE GO TO X24

- **X23.** Where do you <u>usually</u> buy your cigarettes?
  - A) From someone I know
  - B) A store such as a convenience store, supermarket, gas station, or liquor store
  - C) A vape shop or tobacco shop
  - D) A mall or shopping center kiosk/stand
  - E) On the internet (including apps)
  - F) Through a delivery service (such as DoorDash or Postmates)
  - G) Other
- **X24.** Have you ever purchased cigarettes (or one cigarette) from someone at school or on school property?
  - A) No
  - B) Yes
- **X25.** Compared to one year ago, are you now smoking cigarettes more, about the same, or less than before?
  - A) More
  - B) About the same
  - C) Less
- **X26.** Would you like to quit smoking eigarettes?
  - A) No
  - B) Yes
- **X27.** How likely are you to try to quit smoking cigarettes?
  - A) Definitely will
  - B) Probably will
  - C) May or may not
  - D) Probably will not
  - E) Definitely will not
- **X28.** How much control do you have over whether you quit smoking cigarettes?
  - A) No control at all
  - B) A little control
  - C) Medium control
  - **D)** A lot of control
  - E) Total control

#### SKIP TO X31

#### **SUPPLEMENT 1**

- **X29.** How hard would it be for you to refuse or say "no" to a friend who offered you a cigarette to smoke?
  - A) Very hard
  - B) Hard
  - C) Easy
  - D) Very easy
- **X30.** How likely do you think it is that you will smoke one or more cigarettes in the next year?
  - A) I am sure it will not happen
  - B) It probably will not happen
  - C) There is an even chance (50–50) that it will happen
  - **D)** It probably will happen
  - E) It will happen for sure
- **X31.** Think about a group of 100 students (about three classrooms) in your grade. About how many students do you think smoke cigarettes at least **once a month**?
  - **A)** 0
  - **B**) 10
  - **C**) 20
  - **D**) 30
  - **E**) 40
  - **F**) 50

- **G**) 60
- **H)** 70
  - 80
- J) 90
- **K)** 100
- **X32.** How do you feel about someone your age smoking one or more packs of cigarettes a day?
  - A) Neither approve nor disapprove
  - **B)** Somewhat disapprove
  - C) Strongly disapprove
- **X33.** How do you think your close friends would feel about you smoking one or more packs of cigarettes a day?
  - A) Neither approve nor disapprove
  - B) Somewhat disapprove
  - C) Strongly disapprove

During the past 12 months, did you do any of these things at school?

	No	Yes	Not Sure
<b>X34.</b> Have lessons about tobacco and its effects on the body	A	В	C
<b>X35.</b> Practice different ways to refuse or say "no" to tobacco offers	A	В	С

- **X36.** During the past <u>12 months</u>, have you talked with at least one of your parents or guardians about the dangers of tobacco use?
  - A) No
  - B) Yes

IF X1=B OR X18=B, GO TO X37; ELSE FINISH SURVEY

### **SUPPLEMENT 1**

In the past 12 months, did you do any of the following things at school to get help to quit vaping or smoking cigarettes?

		No	Yes
X37.	Go to a special group or class	A	В
X38.	Talk to an adult at your school about how to quit	A	В
X39.	Talk to a peer helper about how to quit	A	В